



# GUIDE DU PARTICIPANT

## VOLET SOMMET SAINT-SAUVEUR

### ***LES BEAUX 4 HEURES FONDATION MARTIN-MATTE 2024***

When: Saturday, February 10, 2024

Where: Saint-Sauveur Summit

CONCEPT AND CHALLENGE

Les beaux 4 heures Fondation Martin-Matte is a great fundraising activity. You are invited to form a team of 4 skiers or snowboarders. The teams challenge themselves to accumulate as many runs as possible and collect as many donations as possible. Each participant will have to pay a registration fee of \$75 (\$50 before December 19, midnight) to confirm their participation. In addition, each adult team will have to raise a minimum of \$1300, or \$325 per participant and each youth team (12 to 17 years old) will have to raise a minimum of \$700, or \$175 per participant. As long as these amounts are not reached, the teams will not be able to obtain their bib or their participant's bag. The descents will be recorded each time the participant uses a ski lift, thanks to a chip integrated into the ski ticket. Fundraising efforts will allow us to improve the quality of life for more people living with a brain injury or physical disability. Donors will receive a charitable tax receipt for any donation over \$20. This sports challenge on snow is intended to be a friendly activity accessible to all levels of skiers or snowboarders.

By registering before December 18, 2023, midnight, participants benefit from a preferential rate.

The registration fee of \$75 (\$50 with the preferential rate) includes:

- Ski ticket at Sommet Saint-Sauveur for Saturday February 11, 2023 from 3:30 p.m
- Lunch box
- Participant's guide
- Toque with the effigy of Les beaux 4 heures Fondation Martin-Matte
- The loan of a bib for the event
- Outdoor shows
- After-ski festivities

## OBJECTIVE

Raise \$600,000 to support projects that will provide a better quality of life for children and adults living with a brain injury or physical disability.

## TEAMS

Teams must be made up of four participants aged 12 and over, including a captain who will be responsible for completing his team. A maximum of two supporters can also be added to the team. Supporters can collect donations. Please note, there is a maximum of four ski tickets per team. To add supporters, please contact the [Martin-Matte Foundation: admin@fondationmartinmatte.com](mailto:admin@fondationmartinmatte.com).

This challenge is intended to be a friendly activity, but the most athletic can do as many descents as they can. The Express Est ski lift will also be chartered expressly for the participants of the challenge and a priority line will be reserved for the participants of the challenge at the other lifts.

DISCHARGE OF RESPONSIBILITY

When registering, each participant aged 16 and over must read and approve the “Notice of liability waiver in the event of an accident” document before clicking on “Submit”. For participants under the age of 16, this disclaimer will be attached to the registration confirmation email. It must be duly completed and signed by one of the parents or the legal guardian and returned to the Martin-Matte Foundation by email. Without this discharge, the child will not be able to participate in the challenge.

MINIMUM DONATIONS TO CUMULATE

Teams of 4 adults must raise the minimum amount of \$1300. This amount includes the registration fee of \$75 per participant (\$50 for registrations made before midnight on December 18, 2023). The more donations you collect per team, the more chances you have of winning one of the rewards program's great prizes.

The minimum goal for participants aged 12 to 17 is \$175 per person. So \$700 for a team of four.

The overall goal of the team is based on the amount to be raised per participant according to age. For example, the goal of a team consisting of 2 adults and two children will be \$1,000.

It should be noted that as long as these amounts are not reached, the teams will not be able to obtain their bib or their participant's bag.

TRACKS USED FOR THE EVENT

Participants will be able to use the entire ski area of the mountain, a priority line will be reserved for participants of the challenge at the other lifts. To ensure the safety of participants, the tracks will be illuminated from 4 p.m.

DONATION RACE

The total amount of donations collected will determine the winning team of the Martin-Matte Foundation Les beaux 4h marathon. To be counted, donations must have been received and registered before Saturday, February 10, 2024, at 3 p.m. It is understood that the Martin-Matte Foundation may continue to receive donations after this deadline, but these will not be taken into consideration for the donation race. Donations in cash or by check will be accepted at the time of registration and throughout the evening as well as throughout the fundraiser. You must send them to us by mail at 3095, autoroute Jean-Noël-Lavoie (440), suite 302, Laval, QC, H7P 4W5.

CONTEST

The public is invited to form a team and register on the website [www.lesbeaux4h.com](http://www.lesbeaux4h.com) before December 20, 2023, midnight, in order to enter the contest and have a chance to win a pair of Raccoon skis autographed by Martin Matte. See contest rules:

<https://les-beaus-4h-2022/conditions-d-use>.

## **GENERAL INFORMATION**

### ***Rules All participants must abide by the general rules of the challenge.***

- Participants must respect the Mountain Code of Conduct presented below. Wearing a helmet is mandatory.
- The bib must be visible at all times during the challenge, between 5 p.m. and 8 p.m.
- The bibs must be returned to the Foundation at the end of the challenge, at 8 p.m.
- The sports challenge on snow Les beaux 4 heures Martin-Matte Foundation is a challenge that is done in teams of four. It is accessible to all levels of skiers or snowboarders.
- Each participant will have to pay a registration fee of \$75 to confirm their participation. In addition, each adult team must raise a minimum of \$1,300, or \$325 per participant.
- For teams of participants between the ages of 12 and 17, they will have to raise \$700 (i.e. \$175/participant, including \$75 registration fees/participant).
- To participate in the Mountain Ski Marathon, participants must be 12 years of age or older.
- During registration, each participant aged 16 and over will be required to read and approve the “Notice of Accident Liability Release” document before clicking “Submit”.
- For participants under the age of 16, this disclaimer will be attached to the registration confirmation email. It must be duly completed and signed by one of the parents or the legal guardian and returned to the Martin-Matte Foundation by email. Without this discharge, the child will not be able to participate in the challenge.
- The descents will be counted thanks to a chip inserted in the ski ticket which will be given to the participants.
- The results are counted according to the number of runs that have been completed. To be counted, passages must have been completed before 8 p.m.
- To determine the winning fundraiser team, online donations will be counted until 3 p.m., February 10, 2024 and a screenshot will be used as proof.
- A ski lift will be chartered for the members of the teams participating in the challenge. In addition, a priority line will be reserved for participants of the challenge at the other lifts.
- The Les beaux 4 heures Fondation Martin-Matte event will take place even in the event of rain or storm, if the conditions are deemed acceptable by Sommet Saint-Sauveur officials.
- Specialized downhill and super-G skis are prohibited. The maximum length accepted is 190cm.
- Downhill suits are prohibited.
- The speed search position (downhill) is prohibited.
- A participant or team that does not respect the rules could be subject to penalties or be disqualified.

- The sanitary measures put in place by the Public Health of Quebec and which will be in force at the time of the event must be respected by all. (Measures in force COVID-19 | Government of Quebec (quebec.ca)).
- The health measures put in place by Les Sommets must also be respected and the vaccination passport will be required.

Penalties and disqualification

Participants or teams who do not respect the regulations or the Mountain Code of Conduct will be subject to penalties. These penalties will take the form of waiting time at the top of the course.

#### CODE OF CONDUCT

1. Maintain control of your speed and direction.
2. Make sure you can stop and avoid any person or obstacle.
3. Give way to people downstream (lower) and take a direction that ensures their safety.
4. Stop in a trail only if you are visible to people uphill (higher) and if you are not obstructing the trail.
5. Yield to people ahead (higher) when entering a trail and at intersections.
6. If you are involved in or witness an accident, stay at the scene and identify yourself to a first aider.
7. Use and wear an appropriate retention system for your equipment at all times.
8. Do not use the lifts or the slopes if you are under the influence of drugs or alcohol.
9. Obey all signs and warnings and never venture off-road or on closed trails.

Cancellation and Refund Policy

Registration ends on February 2, 2024, at midnight. After this date, no registration will be possible. Please note that registration fees, once paid, are non-refundable and donations cannot be refunded under any circumstances.

Equipment rental

It will be possible to rent equipment on site the evening of the event and participants will benefit from a 50% discount. You must go to the rental located in the basement of the main building on versant Avila with your bib or badge in order to obtain your discount. You can show up from 3 p.m. It is also desirable to plan the necessary time in order to be able to respect the starting time of the challenge.

Accommodation

The Manoir Saint-Sauveur offers rooms at a preferential rate for participants on the evening of the event.

Lunchbox

Each team is responsible for eating well by having a good meal on site before or during the event. A lunch box including a sandwich, a juice, a fruit and a granola bar will be given to each participant. This lunch box will be returned to the participants' tent. It is also allowed to bring a lunch on site. Cafeteria service is also available on site.

In case of injuries on the slopes, Sommet St-Sauveur ski patrollers will be on site.

# Discharge for young people

<b>FORMULAIRE DE RECONNAISSANCE &amp; D'ACCEPTATION DES RISQUES ET DÉGAGEMENT DE RESPONSABILITÉ</b>		
<b>Les Beaux 4 heures Fondation Martin-Matte</b>		
<b>Prénom du participant</b>		<b>Nom de famille</b>
<b>Adresse</b>	<b>Ville</b>	<b>Province</b>
Code postal	No de téléphone	Date de naissance
Adresse courriel		
Équipe		

I acknowledge having read the rules of the activity on the lesbeaux4h.com website, having been informed of the security measures and being aware of the risks and possible dangers of accidents, bodily injury, death, damage and loss of property that may result from my participation in this activity. I am the only and best judge of my degree of ability to participate in this activity and I assume and accept the said risks and dangers to which I expose myself voluntarily and knowingly. I understand that the activity is intended to be participatory and non-competitive. I acknowledge that wearing a helmet is mandatory. I am in good physical and mental health and I do not suffer from any handicap or physical condition that could constitute a danger in connection with my participation in the activity and I agree to participate freely. Consequently, I release Les Sommets and its subsidiaries, the Martin-Matte Foundation and the sponsors of this activity from all liability and I waive any present or future claim against them, their insurers, as well as their directors, officers, employees, volunteers, agents and representatives and to hold them harmless from any loss, damage, bodily injury or expense incurred as a result of my use of the facilities or my presence at the premises intended for the holding of the 'activity. As I am under the age of 16, I enclose written permission from a parent/guardian. This is to certify that as the parent/guardian of the above-mentioned minor participant, I acknowledge and consent that he agrees to be bound by the terms of this document.

Signature du parent ou tuteur \_\_\_\_\_ Date : \_\_\_\_\_

Nom du parent ou tuteur en lettres moulées : \_\_\_\_\_